

## **HEALTH, SAFETY & WELFARE**

### **BULLET POINT DETAILS TO HELP YOU UNDERSTAND SOME MAIN SAFETY MATTERS ON SITE**

- C.O.S.H.H. means – Control of Substances Hazardous to Health. In terms you should make yourself aware of the risks that could cause you injury from the materials you are using from such things as fumes, burns etc and what equipment you should be issued with and wear when carrying out the work. Information should be provided by the client or marked on the product.
- R.I.D.D.O.R. means – Reporting of Injuries, Diseases and Dangerous Occurrences Regulations. In terms you are responsible to report any accidents that cause injuries or diseases or any dangerous occurrences which could have led to injuries or diseases immediately to the client for recording in the site register, you must also report to your branch office.
- RISK ASSESSMENTS means – Under the latest regulations the client is required to have evaluated the risks or hazards appertaining to the work you are carrying out. This information should be made available to you. You are also required to have evaluated all risk or hazards and to take all precautions possible to reduce or eliminate the risk or hazards involved.
- METHOD STATEMENTS means – Where identifiable risks or hazards exist in carrying out works then the client should issue a method statement as to how sections of work must be carried out (you should also satisfy yourself as to the accuracy of the statements. They will not eliminate you from your duties of responsibilities to carry out your work in a safe manner.)
- MANUAL HANDLING REGULATIONS means – Under the latest regulations guidance lines have to be put in to reduce the number of injuries caused by lifting too heavy materials improperly. You should avoid lifting materials where there is a risk of injury. Additional help or mechanical assistance should be asked for. Think Before You Lift!!
- TEMPORARY ELECTRICS means – All temporary electrical systems and appliances should be maintained and serviced by qualified electricians. It is not your duty to wire appliances or alter existing services. All appliances should have a tested / approved fob attached confirming the appliance has been checked and approved with a date of next test. If this is not attached then the appliance should not be used. Cables should not be laid in water or where there is a risk of water or damage.
- HOT WORK PERMITS means – Before any hot works are carried out i.e. welding etc a permit must be obtained from the client prior to the works taking place. This permit should include all necessary precautions required and inspection procedures required.
- SCAFFOLD AWARENESS means – You should make yourself aware of the safety aspects of what a scaffold or scaffold tower should consist of with regards to safety and stability. NEVER go on or work on a scaffold or tower that is or looks unsafe. Get your supervisor to inspect it if in doubt.

- UNDERGROUND SERVICES means – You should not carry out any excavation works until you have satisfied yourself by asking your supervisor that checks and searches have been done in order to ascertain if any services exist in the area of your work and what the services consist of. You are responsible if you dig and cause injury or damage without checking first.
- DISCOVERING ASBESTOS means – If before starting work or during the course of work you discover what is or looks like material that contains asbestos, you should STOP work immediately and notify your supervisor. You should not carry on working on or around this material unless proof of non-asbestos is given.
- WORKING IN CONFINED SPACES can be very hazardous due to:-
  - Build up of gases / vapours in sewers, manholes and pits etc.
  - Gases / vapours leaking into the areas of work from adjoining areas.
  - Gases / vapours being released from the actions of carrying out the works.
- ENSURE the areas of work have adequate ventilation to make the air fit to breathe
- ENSURE there is a “safe system of work” ie Method Statement and Risk Assessment established before entering or commencing the work.
- ENSURE that testing of the air has been done prior to entering or starting work.
- ENSURE that proper breathing and safety equipment is provided and worn.
- ENSURE that someone is outside keeping watch in case of any emergencies.

I confirm I have read and understood the above Health and Safety Briefing.

Signed: \_\_\_\_\_ (Temporary Worker)

Date: \_\_\_\_\_